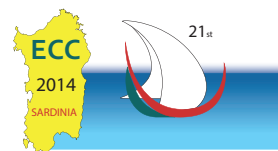


Appendix C: Important and useful VHF and Telephone numbers

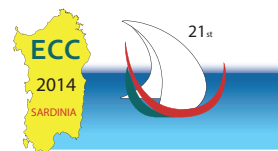
Emergency General	112 VHF 16
Police	
Police Emergency number	112/113
Police Porto Cervo	0789 901941
Carabinieri Arzachena	0789 92028
Urban Police Arzachena	0789 81111
Fire Brigade Emergency number	115
Coast Guard Office	0789 94498 VHF 16
Costa Smeralda Security Services	0789 92131
National Rescue Coordination	1530
Medical	
Medical emergency	118
Medical Service Costa Smeralda	0789 94477
Medical Guard Porto Cervo	0789 92549
Medical Guard Arzachena	0789 82581
Medical Guard S. Pantaleo (for Portisco)	0789 65460
Pronto Soccorso Olbia	0789 55201
Charter Support Team	666 867730
Race Officer Franco Pistone	VHF 72
Commodore Jan Bonset	VHF 72 +31 65431 7854 (emergency only!)
Weather Forecast General	www.windguru.com
- Bonifacio local weather forecast (Broadcast 08:15; 13:15; 20:15)	VHF 79



Appendix D: Eligible Skippers 2014, 1 of 4

List of Eligible Skippers 2014

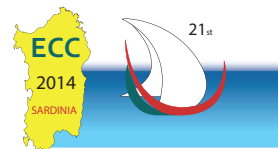
Skipper	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	Eligible	Commodore's Cup Winner	Participations	
	5	6	10	19	22	23	24	30	36	46	52	56	65	71	69	59	59	58	53	58	146				
Aad de Ruyter		2	1	C11	5																	Y		4	
Aad Veth													6	7									N		
Adrian Schervan																	44				17		Y		2
Al Goethe					10	2									22								Y		3
Allard de Vos Klootwijk								18	20	26	34	16	29	12	51	47	15	6	15	10			Y		13
Andreas Klein										5	1	C	34	19	59	41	C8		C8	C10			Y		10
Angelo Ottaviani															26	28	4	19	8	9			Y		6
Antonio Cascio											31												Y		1
Armin Schleussinger						15			25	8	21	7	60	42					42		47		Y		9
Arno Hemm	3	3	3	13	12	18	3	16	29		4	25	14	37	16							Y	2003	14	
Ashley Brydges													37	62	43	57	48	47		42			Y		7
Bart Otto																	6	6					Y		2
Bastiaan Timmer												38	24	27	64	8	25	10	3	21			Y		9
Ben Smulders						7	8																Y		2
Bernd Langanke																36	26	37		46			Y		4
Bernhard Bonk						8																	Y		1
Bernhard Fuhr								29	23					65		43					48		Y		5
Berthold Schultz													41	40	12	49	30	31					N		
Bob McDowell				22	6						43	53				9	42	27		27			Y		8
Bruce Douglas												57			50		40	15	38	44			Y		6
Carlos Moreno							19	1	C	15	12	15	41	34	45	C9	C5	C6	C8				Y		13
Carlos Santa-Olalla										31	53	54				54	45	34	6	45			Y		8
Carmen Zellinger																					24		Y		1
Carsten Heise															39		34	25		36			Y		4
Cees Klijnsmit (d)					#	21	11	5								38	10						N		
Chris Jordan								36	13	17	49	5			40		6	11	34				Y		9
Christian Hepfer											50	31	47	46	30	24							Y		6
Christoph Schulte										34													Y		1
Claus Biernoth											9												Y		1
Claus Witterstein															55								N		
Colin Ford																		49	39	5			Y		3
Craig Warrender													8	17	1	C,37		C9					Y		5
Daan van Heereveld				7																			Y		1
Dave Brewster																							Y		
David Boocock										9	7	2	10	3	21	14	1	C,C7	C5	C1			Y	2013	11
David Henson							18	30						52									Y		3
David Marchant														23									N		
David Miller											29	45					56	41	46	37	22		Y		7
David Thomson				6																			Y		1
Dennis Nunn	4	4	9	6		11	11	7	10	10	5	17	66	21	19		C10						Y	2001, 2002	15
Dennis van Gelder							10																Y		1
Dietmar Czerny																				13	3		Y		2
Dionisio D'Auria											37	34	49	53	58	33		32	42				Y		8
Dirk Demtroeder							27	19	32	35	30	65	25	47	51	46	41	33	20				Y		13
Dirk Piechowiak																							N		
Dumrul Ozgun											36												Y		1
Duncan MacPhee		5	10	10	9	18	17	5	14	40	19	26	54	35									Y		13
Eddie Craighill							5		6														Y		2



Appendix D: Eligible Skippers 2014, 2 of 4

List of Eligible Skippers 2014

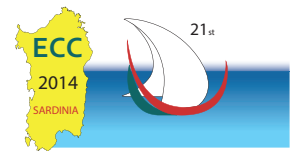
Skipper	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	Eligible	Commodore's Cup Winner	Participations
	5	6	10	19	22	23	24	30	36	46	52	56	65	71	69	59	59	58	53	58	58			
Emilio Boccaletti																						Y		
Emilio Bolla															61					24		N		
Eric Hamer (d)				17	1	C	15											C2	C2			N	2008	
Eric Payne						18																Y		1
Eric van Teylingen																				11	23	N		
Ernst Jan Huijbers			2	4	2		12															Y		4
Eugen Goetter	1	C,6	8			11					28	52	40	11	33							Y	2007	9
Francisco Martinez										28												Y		1
Francois Abiven																27	22	29				Y		3
Fred Bouter								17	11													Y		2
Fred Greven	1	C,3	8	2	5																	Y		5
Frederico Denora									16	17												N		
Gerd Pruss							22															Y		1
Gian Tramontano				2																		Y		1
Gilles Caprari																17	8	35	23	34		Y		5
Giorgio Morabito						10	2	10										33	20	8		Y		6
Giovanni Massone												43										Y		1
Gonzalo Chapatte										44												Y		1
Guido Rosenkranz										14	25	27	13	36	45	31	18					Y		8
Gunnar Stein																				14	38	Y		2
Gunter Holub												3										N		
Gunther Fruhwirth																	43					N		
Gus Johnson											26											Y		1
Han Peeters															69							N		
Han Verbrugge					5														20	10	19	Y		3
Hans Schubert																						Y		1
Hans-Jurgen Manke										39												Y		1
Heinz Baedorff				16	6	1	C	3	4	2	10			18	36	19	C1				Y	2010	12	
Helms van der Vegte				19	19																	Y		2
Helmuth Schurig								22	15	7	47	37	37	51	35							N		
Ian Simpson																		47	9	36	30	Y		4
Ingo Schock																						Y		
Inken Braunschmidt											41	6	17	32	30		31	22	1	C4		Y		9
Jack Barnston								11	24	12	16	9	16	56	25	23	14	21	16			Y		12
Jan Bonset										45	23	36	4	30	11	11	14	44	17	1	C	Y		12
Jan Gerd van Senden														39	20	20			3	18	29	Y		6
Jan Kruiniger				1	C17	9	13	8	17	20	22	42	36	44	53	23	C7	C6	C9	C7		Y		17
Jan van Middelkoop												29	60	38	52	45	11					Y		6
Jan van Rijn					15																	Y		1
Jean Pierre Adam					8																	Y		1
Jens Wilkens													23	10	5	22	2	28	9	14		Y		8
Jim Schultz												39	60	43	7	40	21					Y		6
Jochem Freytag											19	31										N		
Johan Cnossen																						N		
John Hall Hall							1	C	13	36	3	5	1	C	18	16	C6	C3	C4	C6		Y	2004, 2006	14
John J Becker									18	37	13	8	8	26		42	12	36	5	26		Y		11
Jörg Falkenberg										15					5							Y		2



Appendix D: Eligible Skippers 2014, 3 of 4

List of Eligible Skippers 2014

Skipper	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	Eligible	Commodore's Cup Winner	Participations
	5	6	10	19	22	23	24	30	36	46	52	56	65	71	69	59	59	58	53	58	146			
Jörg Heppert											38	31		55								Y		3
Jos van der Heijden														4			33	43		43		Y		4
Jose Miguel Martinez										33	49	47	3	31	13	9	16	18	22	15		Y		11
Jozef Rief													67									Y		1
Juergen Fleischhauer												32	10	33	66	55				31	31	Y		7
Julian Tickner										42	51		52	64	69	51	32	7	16	11		Y		10
Jürgen Ruge										22	39	11		14	37		13	5		12		Y		8
Kay Heinrichs						21					52	21	19	13	10	4	7	1	C,C3	C3		Y		10
Klaus Altergoer								28		18	33	51		66	68							Y		7
Klaus Huetten			5		15				12		10	35	29		3	1	C4	C8	C7	C9		Y		12
Klaus Naschinski													54									Y		1
Leo Eggink						13		11														Y		2
Lorenzo Ghelfi									8	27	6	15	46	57	44							Y		7
Louis Krijger												2	20	27	11			2	4			Y		6
Luca Merlo										19	20		26									Y		3
Lutz Weise								13						#								Y		2
Malte Strohm																				41		N		
Martin Adler				2						2												Y		2
Martin Fordham									5	21	12	23	15	56	25	5	36	13	27	13		Y		12
Martin Lovelace													28	59	48	58						N		
Martin Noordzij					14	3	4	4														Y	2000	4
Martin Peter																		40				N		
Martin Schmoelders									21	25	50	33	60	49	57	18	17		19			Y		10
Matthias Muenker							6	6	28													Y		3
Mel Pugh								21	9													Y		2
Michael Kuhn										1	C											Y		2
Michael Lange																	29	48	26			N		
Michael Schultes													21	46	31	15			30			Y		5
Michiel Roohe									2													Y		1
Mike Theobald						16	7	9	26	3	14	14	20	8	14							Y		10
Nigel Evans				3				20														Y		2
Nigel Green													59	34	41	53						Y		4
Nils Boegborn				9	13	21													7	2		Y		5
Norbert Schock							9	26	34	16	32			54	65	59	38					N		
Oliver Huth																		12				Y		1
Oliver Tondorf						17	16		27	6	11	20	47	6	24		9	38		33		Y		12
Patrick Heini											40	18	7	50	38	48	19	39				N		
Peter Bisschop				13					1	C,7	2	18	1	C	2	4	3	C3	C4	C1	C5	Y	2005, 08, 12	14
Peter Bruggeling					7																	Y		1
Peter Jansen													22	67	42	39	20	8	32	35		Y		8
Peter Mueller				15	18	4	19	23	32	30	44	24	43	48	63							Y		12
Peter v. Rhoon (d)			7	11			20	24														N		
Peter Witt								15	33													Y		2
Philip Young								25														Y		1
Phillip Moppett						11	23															Y		2
Pieter Hadjidakis													43	28	32	43	49					Y		5
Pieter van Beuzekom													18	1	C,2	7	C5	C1	C2	C2		Y	2011	8



Appendix D: Eligible Skippers 2014, 4 of 4

List of Eligible Skippers 2014

Skipper	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	Eligible	Commodore's Cup Winner	Participations	
	5	6	10	19	22	23	24	30	36	46	52	56	65	71	69	59	59	58	53	58	146				
Rainer Klapper																					32	Y		1	
Rainer Witrien	2																						Y		1
Ralf Braune									35	29	8	46	64	9	54	32	37	45	40	4		Y		12	
Ralf Ludwig													31	68									Y		2
Rob Schultinge (d)													10	15	17								N		
Robert Jan Dubbeldam										11													Y		1
Roland Locher																			25	25			Y		2
Rolf Ambrassat											48	48							23	28	7		Y		5
Roy Mitchell									22	38													Y		2
Roy Snoeks									3	24	30					15	29	3	4				Y		7
Rudi Seibt													41	45	29	49	39	17	29	18			Y		8
Spyro Sorotos																				35			Y		1
Stefan Leuppi										43	27	22	51	58	67								Y		6
Stephane Neueglise																	26						N		
Stephen Clapham										35	45	40	57	61	9								Y		6
Suzanne Reike																	35						N		
Sven Knut Illig																							Y		
Teun Noordam															60								N		
Thomas Schwender													37	24	8	11	27		12	6			Y		7
Thoralf Kickuth																21	28	16	2				Y		4
Tony Porter									31														Y		1
Tony Veldhuis													48										Y		1
Ulrich Hachmann																				43			N		
Urban Monsch										41													Y		1
Uwe Gutzmer												44		22	23								N		
Uwe Petersen												41	34	60	49	24			41	40			Y		7
Vladimir Voskovic												38	24	29	28								N		
Walter Weber				17	20		14																Y		3
Wieger Engbrenghof										23	24												Y		2
Wilfried Sagasser													56	63	62	33	35	26	30	28			Y		8
Willem Rauwenhoff												13	27										N		
Wim van Dijk						13																	Y		1
Wolfgang Lubcke																			44	37			Y		2
Wolfgang Wichert																		24					N		
Wolfram Wirth												28											Y		1
Zelco Katunaric	4											4											Y		2

Appendix E: Basic English-Italian dictionary

Greetings

Hello	Salve
Good morning	Bunogiorno
Good evening	Buonasera
Good night	Buonanotte
Hi	Ciao
Good bye	Arrivederci
See you soon	A presto

General responses

Yes	Si
No	No
That depends	Questo dipende
I don't know	Io non lo so
I don't think so	Io non penso
I suppose so	Io suppongo di sì
I think so	Io penso di sì
It doesn't matter	Non importa
I don't mind	Mi è indifferente
Of course	Ovviamente
True	È vero
With pleasure	Con piacere

Question words

Where?	Dove?
When?	Quando?
Why?	Perchè?
What?	Che cosa?
Who?	Chi?
Which?	Quale?
How?	Come?
How much?	Quanto?
How many?	Quanti?
Is there?	C'è?
Are there?	Ci sono

Etiquette

Please	Per piacere / Per favore
Thank you (very much)	(Mille) grazie
Excuse me	Mi scusi
I'm sorry, but...	Mi spiace, ma...
That's a shame	E' un peccato!
May I...?	Posso...?

Restaurants and cafes

Do you have a table for six?	Ha un tavolo per sei?
------------------------------	-----------------------

I would like a table near the window.	Voerrei un tavolo vicino la finestra.
I have a table reserved in the name Johnson.	Ho prenotato un tavolo a nome di Johnson.
I would like to see the menu, please.	Vorrei vedere il menu, per favore.
I would like to order now.	Vorrei ordinare ora.
To start, I would like the prawn.	Vorrei degli scampi come antipasto.
For the main course, I would like steak.	Vorrei una bistecca per secondo.
For dessert, I'll have apple tart.	Una crostata di mele per dessert.
To drink, I would like to have some white wine.	Vorrei del vino bianco.
That's not what I ordered.	Questo non è ciò che ho ordinato.
Waiter!	Cameriere!
Could I have the bill, please.	Posso avere il conto, per favore?
Is service included?	Il servizio è incluso?
I think there's a mistake in the bill.	Credo che ci sia un errore nel conto.

Phrases to facilitate understanding

I don't understand.	Io non capisco.
Could you speak slower.	Può parlare più lentamente.
Would you write that down please.	Me lo puo' spiegare, per piacere.
How is that pronounced?	Come si pronuncia?
I have forgotten the word for...	Ho dimenticato come si dice...
What does that mean?	Cosa significa?
Can you repeat that.	Pu`ø ripeterlo.

Travelling by plane

When does the next plane for London leave?	Quando parte il prossimo aereo per Londra?
Is there a flight to New York this evening?	C'è un volo per New York questa sera?
Is the plane due to leave on time?	Partirà in orario l'aereo?

Numbers

0	Zero
1	Uno
2	Due
3	Tre
4	Quattro
5	Cinque
6	Sei
7	Sette
8	Otto
9	Nove
10	Dieci
11	Undici
12	Dodici
13	Tredici
14	Quattordici
15	Quindici
16	Sedici
17	Diciassette
18	Diciotto
19	Diciannove

30: Trenta
 40: Quaranta
 50: Cinquanta
 60: Sessanta
 70: Settanta
 80: Ottanta
 90: Novanta

20	Venti
21	Ventuno
22	Ventidue
23	Ventire
24	Ventiquattro
25	Venticinque
26	Venitsei
27	Ventisette
28	Ventotto
29	Ventinove
30	Trenta
31	Trentuno
32	Trentadue
33	Trentatre
34	Trentaquattro
35	Trentacinque
36	Trentasei
37	Trentasette
38	Trentotto
39	Trentanove